

Kristen Bird, NP

Additional Background

Kristen moved to Vermont from Pennsylvania when she was in high school. She graduated with her nursing degree in 2007 from Greenville, SC. Kristen worked as a RN for nearly 6 years on the Mother/Baby unit at FAHC. In December of 2011, she completed her Family Nurse Practitioner Degree at Indiana State University and joined Timber Lane Pediatrics in May 2012. She is also an Independent Board-Certified Lactation Consultant and enjoys using her skills to help breastfeeding moms both at Timber Lane and in the community. She and her husband David volunteer at their church and enjoy working with the Youth Group. David and Kristen's daughter Kiara was born and welcomed into their family in September 2012. It was an adventurous month in Alaska as they awaited to finalize her adoption. Kristen loves all of pediatrics but is especially interested in breastfeeding, newborn care, and adolescent health. She loves to spend her free time with her husband, daughter and Shih Tzu, Teddy, and enjoys hiking, kayaking and spending time with friends.